What is ADHD?

Attention-Deficit/Hyperactivity Disorder, or ADHD, is one of the most common neurodevelopmental disorders of childhood. It's usually first diagnosed in childhood and often lasts into adulthood. Regardless of age, the types of ADHD and its symptoms can interfere significantly with an individual's daily activities and relationships.

Symptoms of ADHD in Childhood

While it's normal for children to have trouble focusing or behaving, children with ADHD do not grow out of these behaviors. Some symptoms of ADHD in children might include:

- Frequent daydreaming.
- Forgetfulness or losing things often.
- · Squirming or fidgeting.
- Excessive talking.
- Making careless mistakes or taking unnecessary risks.
- Difficulty getting along with others.

Types of ADHD

ADHD presents differently depending on the person. Additionally, there are three different ways ADHD appears depending on which types of symptoms are strongest. These types include:

- Inattentive: having difficulty paying attention.
- Hyperactive/Impulsive: Moving and talking too much and acting without thinking or having difficulty with self-control.
- Combined: Both inattentive and hyperactive/impulsive.

Treatment for ADHD

Treatment for ADHD includes medication, therapy, and other behavioral treatments, or a combination of methods. If you or your doctor have concerns about ADHD, Seven Counties Services offers a wide array of treatment options to meet the unique needs of the families in our community. Our services, including treatment for ADHD, are provided by some of Kentucky's most qualified pediatric and psychiatric professionals. Your journey, our passion!

To schedule a first appointment, call (502) 589-1100 or make an appointment online. If your child is in crisis and needs help, please call our 24/7 crisis line at (502) 589-8070.

