

Honoring Trailblazers in Mental Health

Bebe Moore Campbell



Bebe Moore Campbell, an extraordinary American author, journalist, teacher, and mental health advocate, dedicated her life to shining a light on mental health needs within the Black community and other underrepresented groups.

In her quest to provide a safe space for conversations around mental health, Campbell founded NAMI-Inglewood in a predominantly Black neighborhood. This initiative aimed to create a supportive environment where Black individuals could openly discuss their mental health concerns. Campbell's advocacy extended to Washington, DC. On June 2, 2008, when congress formally recognized her contributions by establishing "Bebe Moore Campbell National Minority Mental Health Awareness Month."

Let's remember Bebe Moore Campbell for her tireless efforts to break down barriers and foster understanding around mental health.