## Inpatient vs. Outpatient Services

At Seven Counties Services, we offer both inpatient and outpatient services. The main difference between these services is if a patient will need to stay overnight at one of our facilities to receive the care they need.

## Inpatient

Inpatient care is provided in a facility where you stay overnight, sometimes for several nights, depending on your health condition and needs. During your stay, our dedicated healthcare professionals will be by your side, providing necessary medicine, care, monitoring, and medical treatment. When your doctor decides you are ready for discharge, you will receive comprehensive instructions, including follow-up with your doctor, medication management, and the possibility of receiving outpatient services if needed.

## **Outpatient**

Outpatient care is a service you receive that you don't have to stay overnight. The benefits of receiving outpatient care are the flexibility and freedom of scheduling appointments, virtual options, and the ability to continue with daily life while receiving treatment. Some examples of services include:

- Mental health services
- Substance use treatment
- Physical therapy
- Appointments and consultations
- Emergency care that doesn't require hospitalization
- Bloodwork and lab tests
- Attending group or peer support meetings

## **Support Through Seven Counties Services**

Inpatient and outpatient programs, although different from one another, provide effective treatment and ensure you receive the level of care you need. If you or a loved one are facing challenges with mental or behavioral health concerns, Seven Counties Services is here to help. We offer both inpatient and outpatient services for children and adults. Visit sevencounties.org to request an appointment online or call (502) 589-1100.

