

WHAT STEPS SHOULD ONE TAKE IF SOMEONE IS EXPERIENCING SYMPTOMS OF PSYCHOSIS?



Has the individual:

1. Had a positive behavioral health screen?
2. Showing new or worsening functional decline or cognitive difficulties?

Screen for Psychosis

Yes.

No.

Continue.

What is the experience like for the individual?

Is it odd or not explained by the individual's cultural, medical, or developmental stage?

Yes.

Continue.

Continue.

Did the individual disclose, or did you observe:

1. Perceptual Changes- such as heightened senses, hearing voices or sounds others don't.
2. Thought disturbance or delusional statements & beliefs.
3. Speech or behavior that is disorganized.

Is there a safety concern?

Yes.

Are any of the following true:

1. The experience is impacting their emotions, behaviors, or functioning.
2. The experience is recurring.
3. The experience is progressing or getting worse.

Is there a safety concern?

Yes.

No.

No.

PATH 1: REASSURE & REDIRECT

PATH 4: SAME-DAY ASSESSMENT

PATH 2: MONITOR & EDUCATE

PATH 3: SPECIALIZED ASSESSMENT & TREATMENT

KEY:



Continue.



No.



Yes.

PATH 1:

- Reassure the patient; help them put their experience in context and know they are not alone.
- Connect them to relevant educational resources and/or redirect them to appropriate mental health treatment.

PATH 2:

- Monitor the patient's symptoms and screen regularly for additional psychotic-like experiences.
- Educate the patient and family on general mental health resources.

PATH 3:

- Refer the patient to the specialized assessment of psychosis and/or psychosis risk.
- Seek consultation/specialized treatment options.

PATH 4:

- Seek consultation through Seven Counties Services.
- Consider calling a mobile crisis team or recommending that the family bring the child to a Psychiatric Emergency Room.