



**iHOPE**

Treatment for First Episode Psychosis

**WE ARE HERE TO HELP**

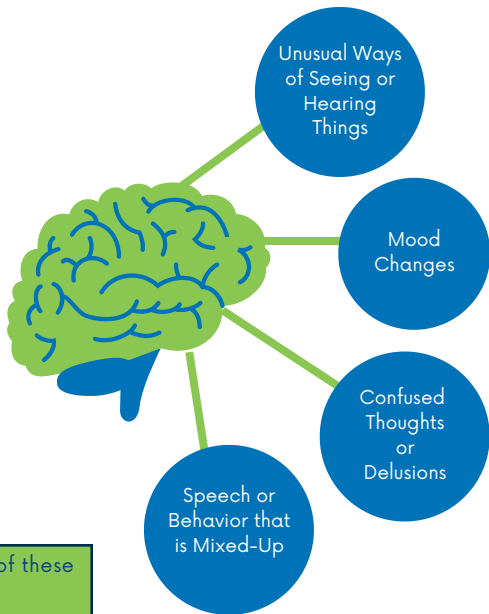
- **Early-Intervention**
- **Person-Centered Treatment**
- **Multi-Disciplinary Team**
- **Family Psychoeducation**
- **Outreach and Community Education**

If you or a loved one is experiencing any of these signs or symptoms, help is available!

iHOPE serves individuals aged 15-30.

**Email Us:** [ihopereferrals@sevendcounties.org](mailto:ihopereferrals@sevendcounties.org)

**Call Us:** (502) 314-0583



# MAKING CONNECTIONS

iHOPE can assist in sorting out symptoms and connecting the person to care.



## CONSIDERATIONS:

### Young Person's History

- Pattern of symptoms and onset
- Recent drug ingestion, head injury, or seizures
- Family history of psychiatric disorders
- Suicidal or violent thoughts and actions
- Mental Status and Cognitive Functioning change or impairment

### Functional Changes

- Reduced performance in one or more areas of functioning (school, job, socially, etc)
  - Difficulty reading or understanding others' words or complex sentences.
  - Easily confused or lost
  - Attendance problems
  - Trouble in activities that used to be easy (such as sports)
- Behavior Changes
  - Uncharacteristic actions that make no sense
  - Impulsive or reckless behaviors
  - New bizarre beliefs or writings
  - Decline in appearance, hygiene, sleep patterns, or social activities
- Perceptual Changes
  - Fear that others are trying to hurt them
  - Heightened sensitivity to the five senses
  - Racing thoughts
  - Reporting visual changes, hearing voices or sounds others don't.

## WHAT TO DO:

1

Reassure the young person and family that help is available

2

Call Crisis Services if there are immediate safety concerns

3

Contact the iHOPE Team

We will schedule an assessment  
The iHOPE team will meet with the young person, completing screening to identify symptoms  
If iHOPE services are not recommended, we will help connect to appropriate services.

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