



## Put Your Mental Health First

We're here to help, whether you need support for yourself or someone else.

Reach out to us today and start the journey toward fuller, happier life.

 **Call Us:** (502) 589-1100

 **Website:** [sevendcounties.org](https://sevendcounties.org)

**SCAN  
ME** 

## Why Choose Seven Counties Services?



### Kind & Experienced Staff

We're here to listen and support you with care because many of them have been where you are.



### Responsibly Confidential

Everything you share with us stays safe.



### All-In-One Help

We take care of your physical and emotional needs.



### Local Support

You can get help close to home.



### Personalized Care

We'll create a plan that fits your unique needs.

### 24/7 Crisis Helpline:

If you need help immediately, our 24/7 crisis line is (502) 589-4313.

### Follow Us on Social Media:



**988**

**SUICIDE & CRISIS  
LIFELINE**

*\*Funded in part from federal CHFS or other state funds.*



Seven Counties Services

## STRONGER TOGETHER:

Support for Adult Mental Health  
& Emotional Well-Being.



## How We Can Help

At Seven Counties Services, we know that life can be hard sometimes. You may feel sad, stressed, angry, or just not yourself. Mental health struggles can affect every part of your life.

Our team is here to help you heal, grow, and thrive – you don't have to go through this alone.



## We Offer a Wide Range of Services to Help You Feel Your Best:



## Begin Your Mental Health Journey

Taking care of your mental health is a strong and brave choice. Reaching out for help shows courage—and it's the first step toward feeling better.

- 1 **Reach Out** – Call, visit the website, or walk in.
- 2 **Meet Our Team** – Learn about personalized care plans.
- 3 **Begin Your Journey** – Receive support every step of the way.

**No matter where you are in your journey, today is a new opportunity for change.**

## What Our Clients Are Saying About Our Services?



I used to feel overwhelmed, hopeless, and unsure how to move forward. Thanks to the support, care, and people who believed in me, I'm now working full time, managing my symptoms, and finally feeling like myself again.

— Tim D.



**You deserve to feel better. Let us help you take the first step.**